Bruno & Laura's GUIDE TO TULUM



We are Bruno and Laura, an international couple from Mexico and the USA who share our lives and enjoy all that Tulum has to offer. Immediately after we met, we knew that we had found the love of our lives and were going to build a life together. We share a love of music, the beach, and many other things. Bruno makes jewelry and is a chef and Laura teaches Pilates. Together, we have 4 dogs and 4 cats. We want everyone to enjoy Tulum as much as we do, so we made a guide.

COMMON TOURIST ATTRACTIONS

CENOTES

Cenotes are one of the most popular tourist attractions and were extremely important to the Maya. Sinkholes, in which the collapsed surface layer of limestone bedrock exposes underground water. Not only did they use them as a water source, they also were portals to the underworld, sacred spaces that were used for rituals and worship, including offerings and sacrifices. Entering many of these cenotes today, you can still feel the sacredness of them today. Conservation and respect are needed to maintain the ecological and energetic balance of the region. Our top recommendations are Casa Tortuga, Vesica, Dos Ojos, and Gran Cenote.



Cenotes Casa Tortuga Tulum is just 15 minutes from the town. The crystal-clear water allows you to see the jade green bottom of the cenote. You can discover a myriad of exotic fish, birds, and flora adorning the surrounding jungle area. Swim, snorkel, or dive in the cenotes and admire the caverns of stalactites and stalagmites. Swimming vests and snorkeling equipment are provided and included in the price of the tour; in case you don't have your own. Casa Tortuga is a paradise brimming with adventure and excitement. As a special collaboration between Casa Ufelinai (+52-984-136-6043 on WhatsApp) and Casa Tortuga, all our clients receive a discount of almost 40% off the standard ticket price.

Vesica Cenote Sanctuary



Vesica is a beautiful cenote in the jungles of Tulum, that allows you a luxury beach club experience at a cenote. Enjoy lounging on the beds and taking a swim in the cenote to refresh yourself and connect to yourself and the earth around you, just as the Mayans. They have a full menu with different wellness activities scheduled every day, like yoga, breathwork, sound healing ice baths, massages, tarot readings, and often have a DJ spinning great beats. From Friday to Monday, they have vendors selling handmade goods, including Mota Silver. Bring your children with paws, since they are pet friendly! Allow us to make the reservation for you to guarantee you a spot. [+1-914-469-9998 (text or WhatsApp) +52-984-136-6043 (WhatsApp only)]

Parque Jaguar

This is the public beach area that Playa Pescadores and Las Ruinas are located.

Snorkeling at Playa Pescadores



If you choose to do snorkeling, the tour takes you on a magical ride on the beautiful turquoise Caribbean Sea to the one of the most important temples of the Mayan civilization. The entire trip is on a boat in small personal groups starting at Playa Pescadores. The boat takes you to a perfect vantage point in the sea where you can enjoy stunning views of the temples, reminiscent of the glory of the ancient Mayan heritage. From there you proceed to the Mayan Tulum Reef, the second largest reef in the world. Here you can enjoy 20-25 minutes snorkeling. The reef has a sandy, grassy seabed, with vibrant corals dancing in the current. Close to the barrier, the coral area is the richest in fish and you could spot a sea turtle, a stingray, or a spotted eagle ray. Snorkeling equipment is provided as part of the tour. The entire tour lasts around 45 minutes. Our guests can enjoy the tour with a 30% discount on regular tour prices. Contact Tours Ufelinai +52-984-136-6043 on WhatsApp.

Ruinas de Tulum



You can revel in the grandeur of the ruins of the Tulum Mayan Temple, "Ruinas de Tulum." Tulum's original Maya name was Zamá, which translates as "place of the dawning sun." This is because it has a perfect view of the rising sun! The city was a major trading and religious center

between the 11th and 16th centuries and is one of the coolest Mayan archaeological sites in Mexico—like other popular ruins, such as Chichén Itzá and Coba. The Tulum Ruins are open from 08:00 to 17:00, seven days a week. As it is a popular tourist attraction, the ruins do get busy with around 2,000 visitors each day. The best time of the day to visit the Mayan ruins is around opening time. This is typically the prime time to explore with fewer crowds. It will typically take 90 minutes to explore. Once you have finished, take a 10-minute walk and you are on the public beach. The cost is about \$100 MXN.

***In addition to those two activities at Parque Jaguar, the <u>Frida Kahlo</u>
<u>Experience</u> is definitely worth checking it out, as well. It brings in all of the senses, as you take a tour through Frida's life. Stop at <u>Pancho Villa</u>, just a 10-minute walk from Las Ruinas for some food and drinks.***

Sian Ka'an Biosphere Reserve



'Sian Ka'an' translates to 'born from the sky' in Mayan language. The UNESCO World Heritage site offers vast expanses of unspoiled wetlands interlinked with serene, secluded bays, magical inlets, vibrant coral reefs, and rich mangrove forests. The tour gives you an opportunity to sail the lagoon of Campechen, to see manatees at Waterhole, crocodiles at Boca Paila Bridge, and catch a glimpse of the playful dolphins and some sea turtles. You can bird watch at San Juan Island boat ride in Punta Allen. Unwind and swim in 'nature's swimming pool'—crystalline vibrant blue waters or snorkel and see the reef. After, relax on the sandbank. The tour includes round-trip transportation in small groups, specialized multilanguage guide, snorkeling equipment, snacks, buffet lunch, and water. It is all day from 08:30 to 16:00. Cost about \$3600 MXN.

Chichén-Itzá—Warriors' Temple

The Chichén-Itzá Tour is simply a perfect way to get to know this ancient Mayan City, that is now part of the New 7 Wonders of the World. Named a UNESCO World Heritage Site for Culture, you will learn about the Mayans and their rich culture. It is from 10:00 to 20:30. Cost \$1600 MXN



FOOD SCENE

Taqueria Maya

Sagitario 674, Tulum Centro, 77780 Tulum, Q.R.

This restaurant has inexpensive dishes originating from the Mayan area. You can eat tacos, tortas, quesadillas, and various other dishes. All the food is delicious with handmade tortillas. If you like chicken, we recommend ordering two specific dishes: Pollo Pibil and Pollo Escabeche—two authentic Mayan recipes. It is worth asking if they have "salpicon de venado"(dear). Try it in tacos.

Street Food on Avenida Satélite and Géminis & Avenida Tulum
You can find inexpensive street food in which you can choose from tacos,
tortas, burritos all along Avenida Satélite. From 20:00 to 01:30 on
Géminis, there are a handful of food trucks worth checking out, including a
vegan one. For one person, it could easily be less than \$100 MXN and you
will walk away full.



La Negra Tomasa

Andromeda Ote 14, Tulum Centro, 77760 Tulum, Q.R.

If you are in the mood for seafood, we recommend this place. They offer generous portions and great drinks, as well.

Taqueria Honorio

Satélite Sur 19, Tulum Centro, Villas Huracanes, 77760 Tulum, Q.R.

This place is known to have the best Cochinita Pibil in all of Quintana Roo.
They open early and we recommend you get there as early as you can.
Often times, there is a long line since it is such a loved spot by tourists and locals alike.

"La Fonda" Guisados

Andromeda Ote esquina, Tulum Centro, centro, 77760 Tulum, Q.R.

This is a great little place that offers inexpensive options for breakfast and lunch. There are handmade tortillas with delicious fresh homemade food to fill the tortillas and your stomach. The service there is always quick, and everyone is extremely friendly. They now have a second location in La Veleta.

El Bajón Vegano Tacos

esquina con, Calle Sol, C. Orión Sur, 77760 Tulum, Q.R.

This place is all vegan and inexpensive. A lot of places in Tulum do offer a vegan option or you can customize it yourself, but it is nice to know that you can get everything on the menu, if you are vegan or vegetarian.

La Hoja Verde

Beta Sur S/N, Tulum Centro, 77780 Tulum, Q.R.

La Hoja Verde offers a large menu with a lot of options. A lot of places in Tulum do offer a vegan option or you can customize it yourself, but it is nice to know that you can get everything on the menu, if you are vegan or vegetarian.

Mercado Tulum

C. Orión Sur, Tulum Centro, 77760 Tulum, Q.R.

The Tulum food market is a place where locals eat for cheap with lots of options. \$80-110 MXN per person. A few vendors offer you a fruit water with the food for the same price.

La Borrega Wera

Av. Satélite 28, Tulum Centro, Centro, 77760 Tulum, Q.R Mayan lamb, which you can have in tacos or buy by the kilo. It is only open Friday, Saturday, Sunday, and Monday 07:00 to 14:00.



Bonita Burger

C. Beta Sur, Tulum Centro, 77780 Tulum, Q.R.

They have some of the best burgers in Tulum, including a few vegan options. They offer live music during the weekends.

Vivo

Av. Tulum S/N ENTRE ESCORPIO SUR Y, Libra Sur, 77760 Tulum, Q.R.

An eco-conscious vegetarian restaurant which is now the new home of the vegan Better Donut, too.

La Yaqueria

Con, Calle 2 sur, C. 7 Sur Manzana 721, La Veleta, 77760 Tulum, Q.R. A delicious vegan place in La Veleta that uses jackfruit as its main meat substitute.

Pozolería La Mexicanita

Avenida Ook'ot Entre Calle Alfa y, Calle Osiris Nte., 77760 Tulum, Q.R. The only pozole worth eating in Tulum!!

Tierra at Holistika

C. 10 Sur Manzana 902 Lote 4, Zona 11, 77760 Tulum, Q.R.

A vegetarian restaurant at a great wellness hotel in La Veleta. Check out the free art walk after your meal. There is some amazing installation art while connecting to the jungle spirits.

Pepe Tacos

Calle 7 sur y 6 sur, La Veleta, 77760 Tulum, Q.R. Some of the best tacos and street food in Tulum. Huge portions for super inexpensive.

NIGHTLIFE

Batey Mojito & Guarapo Bar C. Centauro Sur, Tulum Centro, 77760 Tulum, Q.R.

Batey is a favorite by all in Tulum. They use freshly pressed sugar cane juice in their mojitos. You can see them crush the sugar cane from and old VW Bug that has been converted for that specific purpose. There is different live music every night, from flamenco to acoustic rock. In addition, they also offer food and are open all day.

La Guarida

calle Orion sur y Andromeda ote Esquina, Tulum Centro, 77760 Tulum, Q.R. La Guarida is a great place to go hangout and have few drinks. Additionally, they have great food. There is always live music or DJs on Saturdays and Sundays and are open until 02:00. During the week, however, they do close earlier at 00:00. If you don't like this place, just walk one block and find Batey's bar, Mercado Centauro.

Mercado Centauro

C. Centauro Sur 13, Tulum Centro, Centro, 77760 Tulum, Q.R.

A great place to have cocktails and food while enjoying live music or a DJ, which they offer every day, along with different food trucks options. Happy hour includes Margaritas, Mojitos, and more. Open from 18:00 to 02:00.

Walicho Tulum

Satélite Sur entre Venus y Neptuno Oriente, Tulum Centro, Col Huracanes, 77760 Tulum, Q.R.

Saturday night at Walicho is a great option to see a live rock cover band. Los Brockolis perform a wide variety of rock hits like they were their own original music. Occasionally, they have a guest singer or musician to join for a song or two. Many people are dancing. They have a huge variety of beers and offer food, too.

Palma Central

Av. Kukulkan 6, Palma Central, 77760 Tulum, Q.R.

While there are always food trucks here, Tuesday is the night to go. It is salsa night. They offer salsa lessons earlier in the evening. Afterwards a live band comes on and plays all the salsa classics. The dancefloor fills up with beginners and professionals, alike.

Santino Bar

Av. Tulum entre orion sur y beta norte, Tulum Centro, 77760 Tulum, Q.R.

If you want reguetón and Latin music this is the perfect place for you. Inexpensive cocktails for \$100 to \$150 MXN, beer for \$50 MXN. Open from 22:00 to 03:00 or 04:00.

Bestiario Tulum

Calle Sol Ote. 75, entre Orión Sur y Centauro Sur, Tulum Centro, 77760 Tulum, Q.R. After all the other bars and clubs have closed at 02:00, the only afterparty place is Bestiario. (It doesn't even open until midnight.) They play techno and usually have a DJ spinning. There is a closed-off indoor section, as well as an outdoor one.

La Pizzine

Calle Polar Pte. 36, Tulum Centro, 77780 Tulum, Q.R.

Check out La Pizzine in Centro on Monday nights for some great DJs.

They also have a second location in La Veleta.

Staying Active

After all the eating and drinking, if you feel you need to get a little workout in, Pilates is a great option. Laura offers private Pilates sessions in Centro on the Reformer with Tower or Mat Pilates. If you would prefer to join a group class Mat Pilates is offered at Estudio Vivo, (also the location of Vivo and Better Donuts) and at Sonido Del Mar. Both offer a variety of other classes. If you would prefer a Reformer group class, Holy Body is the

place to go. Check out this <u>Group</u> to find more fitness activities, beyond the yoga that is offered everywhere.

LAS PLAYAS (THE BEACHES)

There are a public beach and private beaches in Tulum. The private beaches are in front of hotels. You do not have to be a guest at the hotel; however, you do have to make a minimum purchase of food and/or drinks to stay. As this is being written there is still a fee to enter the public beach, Parque Jaguar, about \$450 MXN, but there is a movement trying to change this.

Dos Ceibas

While most beach clubs have either an entrance fee or a minimum consumption rate per guest, as guests of Casa Ufelinai, ask for our QR code and you can get free entrance, no minimum, and free parking, if available.

Delek

If you happen to be in town for the full moon, Delek has a great full moon party. Watch the full moon rise right up over the Caribbean Sea.

Orchid Beach Club and Chica by Amansala are great options for luxurious, relaxed beach clubs, though they can get really expensive. They are worth checking out if you don't care about checking prices.

MARKETS

Mercadito La Veleta

Calle 7 sur y 6 sur, La Veleta, 77760 Tulum, Q.R.

A cute market that has many vendors selling handmade goods. Only Wednesday 18:00-23:00 during low season and on Monday nights, as well during high season. It is located on Calle 7 at La Taqueria. There is often live music. It is also great people watching.

El Palacio

Avenida Tulum manzana 1 lote 1, C. Alfa Sur 1, Tulum Centro, 77760 Tulum, Quintana Roo Mexican artesanos Fridays 14:00-22:00, Saturdays & Sundays 10-22:00.

SUPERMARKETS

Chedraui

Neptuno, mza. 004 Tulum 2, Lomas de Padierna, 77780 Tulum, Q.R.

One of the best supermarkets in Tulum, along with Soriana. Chedraui has a lot of options with good bread, meat, wines, fruits, and vegetables. It is possible to find food from different countries. If you want fish, it is better to got to the small shops in town. There are also quite a few ATMs from different banks to choose from and they do accept USD. There are also sections to buy things for the kitchen, bathroom, clothing, some home improvement items, etc. They are open 07:00 to 22:00.

Soriana Híper

6GFR+FW, 77760 Tulum, Q.R.

Soriana is new in Tulum. They offer a lot of food options, fruits, vegetables, meat, etc. In addition, they have a hot food section and a ceviche bar. Just like Chedraui, you can find pretty much anything else that you might need, including appliances, camping gear, and toys. They are open 07:00 to 22:00.

Gypsea Market

Avenida quinta sur, manzana 892, lote 006, colonia, La Veleta, 77760 Tulum, Q.R. They offer some more organic choices of some pre-packaged foods, supplements, and a few other things that you cannot find at the large supermarkets.

Co.Con Amor

Calle Polar Pte., Tulum Centro, 77760 Tulum, Q.R.

Offering many wellness products, foods, they focus on eco-consciousness and have tried to do away with the single-use packaging.

The best ways to get around Tulum

Bicycle is a good option to get around Tulum and not pay Gringo-prices. It is cheap and healthy. We, at Casa Ufelinai, rent bicycles for \$150-\$200 MXN per day. We work with companies that rent scooters and ATVs to get you the best price possible. Different price options for day, week, or month.

Scooter rentals generally start at \$500-700 MXN and ATVs at \$900-1200. There are shuttles, or collectives as they are called in Tulum, that can take you to beaches and cenotes \$20-40 MXN Taxis are also available. From downtown to the beach, it will cost \$400-700MXN.

Still unsure of what to do, this Instagram usually has lots of ideas, too, Insiders Tulum