



Riverside Blvd
& The Beach



- All bowls available as to-go blended drinks -

Menu

Acai Bowls \$6

- All bowls topped with Granola and Honey -

+ Choice of Liquid

- Apple
- Pineapple Coconut
- Orange
- Coconut Water
- Almond Milk
- Soy Milk

+ Add to Blend

- \$1.50 each
- Frozen Banana
- Coco Powder
- Cinnamon
- Hemp Seeds
- Kale
- Peanut Butter
- Soy Protein
- Spinach
- Spirulina
- \$1.25 each
- Hemp-Maca e3live

+ Add on Top

- \$1.50 each
- Almond Pieces
- Apples
- Bananas
- Bee Pollen
- Blueberries
- Cacao Nibs
- Oatmeal
- Peanut Butter
- Shredded Coconut
- Hemp Seeds
- Kiwi
- Mango
- Papaya
- Pineapple
- Strawberries
- Stone Fruit

- All bowls available as to-go blended drinks -

- \$7 The Hawaiian** - Acai, frozen banana, pineapple coconut juice. Topped with pineapple and coconut.
- \$7 The Amazon** - Acai, frozen banana, apple juice. Topped with kiwi and banana.
- \$8 The Super Bowl** - Acai, frozen banana, almond milk. Topped with oatmeal, blueberry and strawberry.
- \$8 The Rio** - Acai, frozen banana, pineapple coconut juice. Topped with banana strawberry and blueberry.
- \$8 The Chocolate** - Acai, frozen banana, coco powder, apple juice. Topped with cacao nibs, banana and peanut butter.
- \$8 The Yogi** - Acai, banana, spinach, kale, carrot, apple juice. Topped with almond chunk, kiwi and strawberry.

Cold Drinks Available

Long Beach, NY